

### 52<sup>nd</sup> District

# "Passing It On"

### 500 South Broadway, Suite 114, Santa Maria, CA 93454 805-925-3782

"The Puzzle of Life"

We are all pieces belonging to a great puzzle called life. Without our Higher Power, our piece has been lost. I've consumed alcohol, smoked, slammed, and snorted drugs. I've had many sexual partners while looking for love in all the wrong places. I've seen jails and institutions. Thank God I am not dead.

Through the madness of the streets, I've had sicknesses and diseases. Now I must live with Hep C, borderline diabetes and high blood pressure as the outcome of my so-called pleasures. I had to hit bottom. I couldn't enjoy my partners, alcohol or drugs anymore. I wanted to disappear but couldn't. I was once lost but now I am found.

I am here to let you know there is an answer to all of your needs, desires and dreams. My Higher Power is not finished with me, just like He is not finished with you. There is an answer if you are willing to admit you are powerless and your life has become unmanageable. Your Higher Power is calling you, for you and I are a piece of the puzzle. You are not alone. Come and join us in the AA rooms of recovery and find your part as the puzzle awaits to be rebuilt.

God Bless, Carrie A., Lompoc

#### 11<sup>th</sup> Step

Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

#### 11<sup>th</sup> Tradition

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

#### **MEETING CHANGES**

New location for Golden Group – beginning with the 8:30am meeting on Saturday, November 30th, meetings will be held at 500 S. Broadway, Suite 252.

Wednesday 7pm Men's Stag Meeting at 324 W. Cypress has been changed to a Candlelight, Open Discussion Meeting.

#### New Opportunity to Help Central Office.....Become a Supporting Member!!!

This edition of the Newsletter will be the last issue sent out via e-mail for free. Beginning with our next Newsletter, we'll be charging \$1 per month for e-mail delivery and \$5 per month to have the Newsletter mailed to your home. Proceeds go to Central Office. Just fill out the form on Page 6 and become a Supporting Member of the 52<sup>nd</sup> District Central Office! (The Newsletter will continue to be available for viewing on our Website for free.)

#### **Central Office Board of Directors**

Chairman: Keith D.
Co-Chair: Patrick S.
Treasurer: Wade W.
Secretary:
Board Members

Doug T.

#### **Alcoholics Anonymous Website**

www.aa.org

**District 52 Website** 

www.aadistrict52.org

**Central Office Website** 

www.aa52centraloffice.org

#### **Regular Meetings**

#### 1st Saturday of month: 10:00am

Intergroup Committee (Central Office) 1600 Club 324 West Cypress St. SM, CA

3<sup>rd</sup> Saturday of month: 10:00am

Central Coast Round-Up Meeting

1600 Club 324 Cypress St., S.M., CA

2<sup>nd</sup> Sunday of month: 10:00am

 ${\sf GSR} \; {\sf meeting-location} \; {\sf varies} \\$ 

Call Yolanda M. 805-314-2092

3<sup>rd</sup> Thursday of month: 6:45pm

North S.B. H&I Committee Meeting

Freedom Group

N VC+ Lampas C

113 N. V St. Lompoc, CA

#### **Central Office Board Meeting**

Every 4<sup>th</sup> Wednesday of the month\*\*: 5:15pm Starbucks in Food Max Shopping Center South Broadway & McCoy

\*\*The December Meeting will be held the 3<sup>rd</sup> Wednesday of the month. The location may change.

#### **Steering Committee Meetings**

SMV Group  $-2^{nd}$  Tuesday of every month SMG Group  $-2^{nd}$  Thursday of every month

An alcoholic was in his backyard trying to fly a kite. He throws the kite up in the air, the wind catches it for a few seconds, then it comes crashing back down to earth. He tries this a few more times with no success. All the while, his wife is watching from the kitchen window. She yells out at him, "You need a piece of tail." The man turns with a confused look on his face and says, "Make up your mind. Last night you told me to go fly a kite."

## Serenity isn't the absence of conflict, but the ability to cope with it.

| What's happening in the Central Office |     |  |  |
|--|-----|--|--|
| August 18 to October 31, 2013          |     |  |  |
| AA information calls                   | 59  |  |  |
| Chip Sales                             | 302 |  |  |
| Office Walk-ins                        | 23  |  |  |
| Book Sales                             | 108 |  |  |
| Directory Sales                        | 145 |  |  |
| Out of Town Visitors                   | 0   |  |  |
| 12 Step Calls                          | 11  |  |  |
| Al-Anon Referrals                      | 7   |  |  |

#### Thanks to these volunteers for the Central Office

Arlene H., Billy N., Donna Mc, Gerry W., Lisa B.,
Michael B., Nancy N., Shirley M.,
Tom W., Wade W.
Thanks for stepping up!

#### We'll Be Going Where? 11/28 – 12/1/13 47<sup>th</sup> Annual Las Vegas Roundup Riviera Hotel & Casino for info check: www.lasvegasroundup.org 12/7/13 Women's Pot Luck Speaker Mtg Morro Bay, 11am – 2 pm See Lisa B. for tickets 1/9-1/12/14 24<sup>th</sup> Annual River Roundup Laughlin – Riverside Resort for info check: www.rcco-aa.org 1/25-2/2/1 Recovery Conference @ Sea 8 Day Eastern Caribbean Cruise www.travelsober.com





**Speaker Meetings** 

#### **Freedom Group Speakers** Lompoc (Friday, 8pm)

| Nov. 1  | Brendan B., Solvang     |
|---------|-------------------------|
| Nov. 8  | Tom McG., Santa Barbara |
| Nov. 15 | Anthony F., Lompoc      |
| Nov. 22 | Keith D., Santa Maria   |
| Nov. 29 | Discussion Meeting      |
| Dec. 6  | Jim B., Lompoc          |
| Dec. 13 | Debra M., Lompoc        |
| Dec. 20 | Pete P., Santa Ynez     |
| Dec. 27 | Discussion Meeting      |
| Jan. 3  | Steve G., Santa Barbara |
| Jan. 10 | Andie R., Santa Barbara |
| Jan. 17 | Janet B., Nipomo        |
| Jan. 24 | Tammy Mc., Lompoc       |
| Jan. 31 | Discussion Meeting      |
|         |                         |

#### **South County Speaker Meeting** (1<sup>st</sup> Saturday, 8pm, Arroyo Grande)

| Dec. 7 | Jack L., San Luis Obispo |
|--------|--------------------------|
| Jan. 4 | Patt O., Laguna Niguel   |
| Feb. 1 | Deirdre A., Northridge   |

#### **Santa Maria Live** (4<sup>th</sup> Saturday, 8pm)

| Nov. 23 | Steve A., Sherman Oaks (main speaker)  |
|---------|--|
|         | Lisa, Sherman Oaks (10 minute speaker) |

Dec. 28 Ed P., Camarillo (main speaker)

Diana P., Camarillo (10 minute speaker)

#### Santa Maria Golden Group (Saturdays, 8pm)

New location as of 11/30/13 – 500 S. Broadway, Suite 252

#### Santa Maria Valley Group 1600 Club (Sunday, 7pm)

| Dec. 1  | Gabe, Santa Barbara      |
|---------|--------------------------|
| Dec. 8  | Steve E., Santa Barbara  |
| Dec. 15 | Joe T., San Luis Obispo  |
| Dec. 22 | Bill B., San Luis Obispo |
| Dec. 29 | Judy, Lompoc             |
| Jan. 5  | Rob K., Arroyo Grande    |
| Jan. 12 | Stacy, Lompoc            |
| Jan. 19 | Ray R., Atascadero       |
| Jan. 26 | Bob F., Simi Valley      |
|         |                          |

**Solvang Action Group** Solvang Alano Club (Saturday, 8pm)

Women's Meeting - Freedom Group Lompoc (4<sup>th</sup> Saturday, 10-11am)

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Blessed are we who can laugh at ourselves....for we shall never cease to be amused!

#### **BRIDGING THE GAP**

Bridging the Gap is a wonderful service that helps alcoholics locate AA meetings the day they leave a treatment program or correctional facility. The way each group is set up differs depending on the area, and they sometimes go by a different name. But it's usually made up of volunteer AA members who sign up to contact new members, meet them at the door of the facility or at an AA meeting, introduce them to other AA's, make sure they get phone numbers, and try to help them find a sponsor.

God, Grant me the serenity To accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference They will, not mine, be done

#### FINANCIAL REPORT FROM CENTRAL OFFICE **OCTOBER TOTALS Group Donations** 350.04 **Individual Donations** 55.85 405.89 **TTL Donations TTL Sales** 319.11 **Sales & Donations** 725.00 Dinner 530.00 **TTL Income** 1255.00 **BANK BALANCE** 1979.12 **DUE IN LESS THAN 30 DAYS** Cable/Phone/Internet 396.00 **Answering Service** 110.00 Rent 350.00 Insurance 61.62 **Printing** 175.00 TOTAL 1092.62 **RECEIVABLES** 289.15

Be kind. Remember everyone you meet is fighting a battle.

#### **H & I Report**

Santa Barbara North County Hospitals & Institutions Committee is dedicated to providing AA meetings and literature to those confined in hospitals, jails, prisons, and other facilities that request support from Alcoholics Anonymous. SBNC Hospitals & Institutions Committee serves the 52<sup>nd</sup> District and meets on the third Thursday of every month at the Freedom Group in Lompoc at 6:45pm. Those who are interested in an indescribable experience, and want to greatly enhance their sobriety, join the meeting and see if H&I is for you.

| 52nd District Central Office Oct. 2013 Donations       |   |  |
|--|---|--|
| GROUP Freedom Group 6 AM Sickies Group Love of Nurse's | \$ 37.50<br>\$164.81<br>\$ 80.00                    |  |
| Pyramid Group HAPPY Hour Group Los Alamos Group        | \$ 67.00<br>\$ 00.13<br>\$ 00.60                    |  |
| TTL GROUP  | \$350.04  |  |
| INDIVIDUAL Janet Keith D Billy N Anonymous TTL INDV    | \$16.03<br>\$10.00<br>\$29.57<br>\$00.25<br>\$55.85 |  |

#### 2<sup>nd</sup> District DCM Report October/November 2013

May we all pause for those moments during November that we are especially grateful for, and continue to do so each day for Alcoholics Anonymous.

I would like to thank James H. for having Sarah G. and me as speakers at The Freedom Group. It was an honor to share our Experience, Strength and Hope. Thank you!

There is a busy flux of events and activities throughout the rest of 2013. Upcoming GRATITUDE DAY @ AREA 93
ARCHIVES. There is a medical prescription written by Dr. Bob which states, "Go to meetings, clean house and pray every day to God to keep you sober." Did you know that back in the day, 12 Step calls were made by members wearing Zoro-like black masks to maintain their anonymity?

Mark M. (our Area 93 Grapevine Committee Chair), Jeanine R. (our lovely past Delegate/Registrar and Translator) and I attended a quarterly ACM Sharing Session in Fillmore. We learned about other Districts/Area 93 activities and upcoming events. We also shared our own activities, participated in discussions and made decisions.

The 2013 General Service Conference final report was passed out to our GSRs recently. Come to the next 52<sup>nd</sup> District GSR Meeting at the Freedom Group in Lompoc on December 8<sup>th</sup>. Our alternate Delegate, Lisa P., is visiting with her expertise available to your groups.

There will be an AREA 93 ANNUAL LITERATURE WORKSHOP IN Simi Valley. More information is available on the Area 93 Website.

The 9<sup>th</sup> Annual Traditions Workshop, 22<sup>nd</sup> District, was great. Four speakers covered three of the Traditions/Principles. There was also a marvelous skit by the "Not a Glum Lot" Players about the Traditions/Concepts in a "Star Trek" styled spoof, featuring "STARSHIP SOBERIZE."

I have a couple of  $22^{ND}$  District/Area 93 Secretary Handbooks available for sharing. I found them to be a good tool in consistency, format and responsibility.

Am hopeful for more group visits very soon. Staying in the light of sobriety,

Victoria S

#### Central Office...At A Glance

The Central Office enables AA members to take 12 Step commitments either at the office or after hours remotely from the convenience of their own home. Such commitments mean life itself to the AA member as well as the alcoholic reaching out for help.

The meeting directory is kept up to date. Copies are made available at cost and are free to newcomers that stop by the office. The Directory is also posted on the District website and on the Central Office website:

#### www.aa52centraloffice.org

Books, pamphlets and sobriety chips are available. Notice of upcoming conventions are often received at the Central Office and are made available to those who are interested.

Convenient mailing labels are available for meeting treasurers to easily send donations to General Service, Area 93, District 52, H&I, and the Central Office.

There is a coffee pot, TV, DVD and VCR, 2 computers with Internet access (one for visitors), as well as plenty of literature to enable volunteers to make the best of their time at the office.

We are conveniently located blocks away from the Courthouse, the 1600 Club and several recovery houses.

We are wheelchair and disabled accessible. The office is managed by the Intergroup Committee and volunteers.

Questions about the office and the Committee can be directed to Samantha at 805-598-2147 or to your meeting IGR.

#### After Hours Phone Service Opportunities Available

Be of service from the comfort of your own home! You can now have the Central Office transferred to your home after hours. It's simple! It's easy! And you simply press a few numbers to transfer it back to the Central Office the following morning!

Shifts are flexible to fit your schedule. The commitment is for 6 months. So, if you have a night of the week when you are normally home, why not be of service? What you need:

- A night you will be at home
- At least 6 months of sobriety
- Willingness to be of service

#### What you get:

A 12 Step package will be mailed to you which includes simple phone instructions, suggestions for handling the phone calls and connecting the caller with people on the 12 Step list if necessary, confidential 12 Step contact lists of men and women in the Santa Maria, Lompoc, and Santa Ynez Valley areas, and a current 52<sup>nd</sup> District meeting list.

> For info or to schedule a night, contact: Billy N. 805-406-2312 or Email: billy@daymakers.com

#### F.E.A.R.

### False Evidence Appearing Real Face Everything and Recover

#### **Editor's Corner**

Well, here we are, growing in the fellowship of Alcoholics Anonymous. This year is winding down.

It seems as though everyone enjoyed themselves at the Round-Up, (Convention). Great speakers. Thanks to Lee C. for lining them up.

The Central Office is always in need of volunteers. If you are interested talk to your IGR or a person involved in the Central Office.

I now have an assistant editor. Welcome Nancy N. She heard that I needed a fresh new eyes and she stepped up to the plate. I am still not seeing real well.

I owe Peter B. an apology for goofing up in his story "A Trip to China" by putting in the wrong year.

This edition of the newsletter will be the last issue to be sent out email free of charge. We are sending a survey with this edition to everyone who has been receiving a copy by email. We are asking you to become a Supporting Member by donating \$1.00 per month to receive the newsletter by email. If you would like to receive the Newsletter by USPS, we are asking for a donation of \$5.00 per month as a Supporting Member. The supporting member form to be filled out is in the newsletter. If you prefer not to become a Supporting Member, you can read the newsletter on our website.

I hope that all of you have a wonderful Holiday Season, enjoy, and "Don't Drink".

> Thank you for letting me be of service, Keith D., Your Editor

It's my pleasure to be helping Keith D. in preparing the Newsletter. My life has gotten so much better since I joined AA and I am grateful for this opportunity to help out. Nancy N.

#### Letters to the Editor or Articles for the Newsletter

Entries must be received by the 15<sup>th</sup> of the month for consideration of publication in the following issue. Please submit your material for the newsletter to:

52nd District Central Office 500 So. Broadway. Suite 114 Santa Maria, CA 93454

E-mail to: kbdiamond@verizon.net Type "Newsletter" in the subject box



#### Central Office Intergroup Meeting Minutes Saturday, November 2, 2013

Meeting called to order by Keith at 10:00am.

**Keys:** all accounted for.

Secretary's report: Unavailable Treasurer's Report: Unavailable IGR Reports: 12 groups represented

Webmaster & Directories Report: Billy will be filling in for

Robert until he is available again.

After Hours & 12 Step Report: It was noted that 12 Step phone lists and call instructions need to be available for afterhours volunteers. Volunteers for taking 12 step calls are: Airport Group on Mondays, Lion's Den on Tuesdays, Golden Group on Wednesdays, and Goes to Any Length on Thursdays.

**Operations & Volunteers:** Volunteers needed for Central Coast Roundup. Birthday envelopes, meeting schedules and pocket guides will be ready by then. There will be enough literature to take up two tables.

Phil is retiring from Operations & Volunteers position so a replacement is needed. It was recommended that there be one primary contact and one alternate.

Literature & Chips Report: Unavailable

**Newsletter Report:** Nancy N. has volunteered to help with the Newsletter. IGRs for speaker meetings were asked to send a list of upcoming speakers for the Newsletter.

**Old Business:** Templates for the new brochures were passed out for review and comments. The completion and printing of 200 copies of the brochure are being handled by Billy, Jeremiah and Jim.

**New Business:** It was proposed that the minutes of the IGR meetings be available on line. It was tabled until further information is available. Issues under consideration include increasing awareness of the IGR activities; protecting sensitive data from online predators; the fact that nonprofit organizations are required to make some information publically available. An open invitation was made for anyone who would like to attend the monthly Board meeting. Volunteers are need for Board membership. Requirement is one year of sobriety.

**Donation Basket:** Passed around. **Meeting adjourned at 10:50am.** 

#### In Attendance

Billy N., Cheryl L., Gerry W., James H., Jeff M., Jeremiah H., Jim N., Keith D., Lisa B., Marlene G., Nancy N., Neil O., Robert N., Sylvia M.

These Minutes will be corrected and approved at the December Board Meeting.

#### Why Become A Supporting Member?

The Central Office needs financial contributions to stay open. The Supporting Member will now receive the newsletter "Passing It On" mailed to their home. All you have to do is make a pledge of at least \$5.00 a month. If you prefer to receive the Newsletter via e-mail, you may make a small pledge of \$1.00 or more.

You can make a difference by doing this. Group donations

are fine but we need more support.

PLEASE SUPPORT YOUR LOCAL CENTRAL OFFICE

## Supporting Member Pledge of Financial Donation

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