



July/August 2018

Volume 8, Issue 2

52nd District

"Passing It On"

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Central Office Website: www.aa52centraloffice.org

District 52 Website: www.aadistrict52.org

Alcoholics Anonymous Website: www.aa.org

PROMISES COMING TRUE!!!

In a trend which defies worldwide negativity and discontent, AA's everywhere are undergoing a positive, life altering change. Rumor has it that the uptick in serenity and kindness can be attributed to participation in the Program of Alcoholics Anonymous, including being an active member within their AA groups, living the 12 Steps, learning and following the 12 Traditions, having and being a sponsor, and volunteering for positions which need to be filled. Below are the promises which continue to come true for them:

1. We are going to know a new freedom and a new happiness.
2. We will not regret the past nor wish to shut the door on it.
3. We will comprehend the word serenity.
4. And we will know peace.
5. No matter how far down the scale we have gone, we will see how our experience can benefit others.
6. That feeling of uselessness and self-pity will disappear.
7. We will lose interest in selfish things and gain interest in our fellows.
8. Self-seeking will slip away.
9. Our whole attitude and outlook upon life will change.
10. Fear of people and of economic insecurity will leave us.
11. We will intuitively know how to handle situations which used to baffle us.
12. We will suddenly realize that God is doing for us what we could not do for ourselves.

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Step 7

“Humbly asked him to remove our shortcomings.”

“The Seventh Step is where we make the change in our attitude which permits us, with humility as our guide, to move out from ourselves towards others and toward God. The whole emphasis of Step Seven is on humility. It is really saying to us that we now ought to be willing to try humility in seeking the removal of our other shortcomings just as we did when we admitted that we were powerless over alcohol and came to believe that a Power greater than ourselves could restore us to sanity.” (Twelve and Twelve p76)

Tradition 7

“Every A.A. group ought to be fully self-supporting, declining outside contributions.”

“AA must always stay poor. Bare running expenses plus a prudent reserve would henceforth be the Foundations financial policy.” (Twelve and Twelve p165)

7th Step Prayer

“My Creator, I am now willing that You should have all of me, good and bad. I pray that You now remove from me every single defect of character which stands in the way of my usefulness to You and my fellows. Grant me strength, as I go out from here, to do Your bidding. Amen.” (Alcoholics Anonymous p76)

Step 8

“Made a list of all persons we had harmed and became willing to make amends to them all.”

How easily I can become misdirected in approaching the Eighth Step! I wish to be free, somehow transformed by my Sixth and Seventh Step work. Now, more than ever, I am vulnerable to my own self-interest and hidden agenda. I am careful to remember that self-satisfaction, which sometimes comes through the spoken forgiveness of those I have harmed, is not my true objective. I become willing to make amends, know that through this process I am mended and made fit to move forward, to know and desire God’s will for me. (Daily Reflections p223)

Tradition 8

“Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.”

“Our Twelfth Step is never to be paid for, but those who labor in service for us are worthy of their hire.” (Twelve and Twelve p171)

The Gift of Bonding with Others

Relieve me of the bondage of self, that I may better do they will.

Alcoholics Anonymous p 63



Many times, in my alcoholic state, I drank to establish a bond between myself and others, but I succeeded only in establishing the bondage of alcoholic loneliness. Through the A.A. way of life, I have received the gift of bonding - with those who were there before me, with those who are there now, and with those yet to come. For this gracious gift from God, I am forever grateful.

Daily Reflections p 246, August 25

MEMBER SPOTLIGHT

MEET FRANKIE



Frankie has been in A.A. for two years. When he came into the rooms on a court card, he was angry and didn't intend to stay. But he heard some stuff that made sense to him.... things like, "Just for today," "I can't, He can, I think I'll let Him," and "Keep it simple stupid." He kept going to meetings and started sharing. He found a sponsor and began working the Steps. Frankie realized the Promises were coming true for him when he handled a tricky situation at work without anger. Frankie is much happier now, although he still wishes he didn't have bolts in his neck.



Annual 4th of July Central Office Fundraiser

Waller Park, Site 6

Food served 12:30 p.m. - 1:30 p.m.

Al-Anon Buddies welcome!

Bring your favorite dessert or side dish

\$5 gets you two hot dogs, potato salad, lemonade/iced tea!

50/50 Drawing, Games and a Strawberry pie eating contest!!



52nd District Central Office Happenings

Central Office Board of Directors

Chairperson: Valerie F.
 Co-Chairperson: Sarah G.
 Treasurer: Todd L.
 Secretary: Sharon V.
 Central Office Coordinator: Todd L.

Member at Large

Mark B.

Support Positions

Convention Liaison: Todd L.
 52nd District Liaison: Open
 Fundraising: Sarah G.
 Purchasing: Todd L.

Monthly Service Meetings

1st Saturday of month: 10:00am

Intergroup Committee (Central Office) 1600 Club 324 W Cypress Santa Maria

2nd Sunday of month: 10:00am

GSR meeting – location rotates monthly between Solvang, Lompoc and Santa Maria, Call Jessica B. at 805-266-1582 for meeting location.

3rd Thursday of month: 6:45pm

North S.B. H&I Committee Mtg. Freedom Group, 113 N. V St. Lompoc

3rd Saturday of month: 10:00am

Central Coast Round-Up Meeting, 1600 Club 324 Cypress St., Santa Maria



You can now order Big Books, 12 and 12's and fancy chips at the Central Office website! Check out www.aa52centraloffice.org. All you'll need is a credit card or PayPal. Central Office will get your order together and call you to pick up!

Steering Committee Meetings

Freedom Group - 2nd Sunday of the month, Lompoc, 1pm
Happy Hour – 1st Monday of even months, 1600 Club, 6:45pm
Santa Maria Golden Group – 2nd Thursday of the month, 6:30 pm
Santa Maria Valley Group – 2nd Wednesday of the month 6:45pm
Santa Ynez Valley Action Group – 3rd Saturday of the month, Alano Club, 10am



Some 52's Celebrating Anniversaries

5/07	Victor T.	32 years
5/23	Vicki D.	5 years
5/30	Angel F.	26 years
5/30	Stan C.	5 years
5/30	Erika W.	11 years
6/04	Angela	9 years
6/06	Abbe	1 year
6/06	Jacob	4 years
6/06	Nancy N.	5 years
6/12	Joey V.	4 years
6/20	Silvia M.	10 years
6/21	Kevin K.	2 years
6/24	Gina S.	34 years

Voting Position Available on Central Office Board

Central Office Coordinator – Recommended Sobriety One Year - duties include recruitment, training and scheduling volunteers on phone procedures and sales, entering sales receipts into Quick Books, making deposits, updating 12 Step List and Office Key List, working with Treasurer to compile monthly sales and donation stats, attending monthly Board and Intergroup Steering Committee Meetings. **For further information, please contact Todd L. at 1-805-231-5709.**



Speaker Meetings

Freedom Group Speaker Meeting – 113 N. V St., Lompoc (Friday, 8:00pm)

Happy Hour Group – 1600 Club, 324 W. Cypress (last Monday of the month, 5:30pm)

Lompoc Valley Group Unity Speaker Meeting - Lompoc Alano Club, 119 N. "D" St. (Sunday, 4:00pm)

Orcutt Speaker Meeting - Orcutt Presbyterian Church, 993 Patterson Rd. (second Saturday of the month, 7:00pm)

Primary Purpose Speaker Meeting – 209 W. Main St., Suite J, Santa Maria, upstairs behind RAD Thrift Store (4th Saturday, 7:00pm)

Santa Maria Golden Group – 209 W. Main St., Suite J, upstairs behind RAD Thrift Store (1st, 3rd and 5th Saturdays, 7:00pm)

Santa Maria Valley Group - 1600 Club, 324 W. Cypress St. (Sunday, 7:00pm)

Santa Ynez ValleyAction Group - Solvang Alano Club, 320 Alisal Rd. (Saturday, 8:00pm)

South County Speaker Meeting – St. John’s Lutheran Church, 993 Valley Rd., Arroyo Grande (1st Saturday, 8:00pm)

Women’s Meeting – Freedom Group – 113 N. V St., Lompoc (4th Saturday, 10:00am)



"I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible."

VOLUNTEER!!!



Coming October 5-7, 2018

Back to Basics

The 52nd District Central Coast Round Up will be held October 5-7, 2018 at the Veterans' Memorial Building in Santa Maria.

Registration Website is www.centralcoastroundup.org.

Pre-admission is \$15; admission at door is \$20. Dinner tickets are \$15. A very limited amount of dinner tickets will be available at the door for \$20. Al-Anon luncheon tickets are \$15 now and at the door.



When you are in a meeting, your disease is outside doing pushups!

Practice These Principles in all Our Affairs

- | | |
|----------------|-------------------|
| 1. Surrender | 7. Humility |
| 2. Hope | 8. Brotherly Love |
| 3. Commitment | 9. Justice |
| 4. Honesty | 10. Perseverance |
| 5. Truth | 11. Spirituality |
| 6. Willingness | 12. Service |



...to the following groups for their donations to Central Office so far this year!

6 AM Sickies Group - \$387.50
Airport Group - \$80.00
As Bill Sees It - \$153.00
Be A Blessing - \$100.00
Bingo Group Lompoc - \$50.00
Board/IGR - \$86.05
Central Coast Round Up – \$1,398.26
Goes to Any Length - \$398.10
Golden Group - \$152.61
Happy Hour Group - \$400.00
Mad Dogs Book Study - \$7.09
Pyramid Group - \$93.00
Santa Maria Valley Group - \$1.18
Santa Ynez Valley Group - \$762.02
Women's Fresh Start - \$50.00
Women's Happy Safe Free - \$52.22
Women in Recovery Christmas Lunch - \$200.00

We'll Be Going Where???

July 4 – Annual 4th of July Central Office Picnic Fundraiser, Waller Park, Site 6. Food served 12:30-1:30 – 2 hot dogs, potato salad, drinks. Bring a side dish or dessert to share. \$5 each. 50/50, Games, Pie Eating Contest

August 17-19 – 15th Annual Mountain AA Conference with Al-Anon Participation, Big Bear Performing Arts Center, 39707 Big Bear Blvd, Big Bear, CA, \$35, www.mountainaaconference.com

August 24-26 - 51st Annual District 22 Convention, Veteran's Memorial Building, 801 Grand Avenue, San Luis Obispo, CA, \$20 in advance/\$25 at door, www.district22convention.org

September 21-23, Southern California AA Convention with Al-Anon Participation, Westin Mission Hills Resort & Spa, Rancho Mirage, CA, \$25 advance/\$30 at door, www.aasocal.com

October 5-7 - 52nd District Central Coast Round Up with Al-Anon Participation, Veterans' Memorial Building, Santa Maria, \$15 in advance/\$20 at door, www.centralcoastroundup.org

October 19-21 - 34th Annual Santa Barbara AA Convention with Al-Anon Participation, Veterans' Memorial Building, 112 W Cabrillo Blvd, Santa Barbara, CA 93101, Cost: \$40 in advance/\$45 at door, www.sbaaconvention.org

February 7-10, 2019 – 55th International Women's Conference, Westin Bonaventure Hotel, 440 South Figueroa St, Los Angeles, \$40 in advance/\$45 at door, www.internationalwomensconference.org