



52nd District

"Passing It On"

500 South Broadway, Suite 114, Santa Maria, CA 93454

805-925-3782

Central Office Website: www.aa52centraloffice.org

District 52 Website: www.aadistrict52.org

Alcoholics Anonymous Website: www.aa.org

Step 9

"Made direct amends to such people wherever possible, except when to do so would injure them or others."

"The readiness to take the full consequences of our past acts, and to take responsibility for the well-being of others at the same time, is the very spirit of Step Nine." (Twelve and Twelve p. 87)

Tradition 9

"A.A. as such, out never be organized; but we may create service boards or committees directly responsible to those they serve."

"AA has to function, but at the same time it must avoid those dangers of great wealth, prestige, and entrenched power which necessarily tempt other societies." (Twelve and Twelve p. 175)



Step 10

"Continued to take personal inventory and when we were wrong promptly admitted it."

"A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us." (Twelve and Twelve p. 88)

Tradition 10

"Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name out never be drawn into public controversy."

"All history affords us the spectacle of striving nations and groups finally torn asunder because they were designed for, or tempted into, controversy." "Since recovery from alcoholism is life itself to us, it is imperative that we preserve in full strength our means of survival." (Twelve and Twelve pp. 176, 177)

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DAILY INVENTORY

"When we retire at night, we constructively review our day. Were we resentful, selfish, dishonest, or afraid?"

Personality Characteristics Of Self-Will

- ___Selfish and self-seeking
- ___Dishonesty
- ___Frightened
- ___Inconsiderate
- ___Pride
- ___Greedy
- ___Anger
- ___Envy
- ___Sloth
- ___Gluttony
- ___Impatient
- ___Intolerant
- ___Resentment
- ___Hate
- ___Harmful acts
- ___Self-pity
- ___Self-justification
- ___Self-importance
- ___Self-condemnation
- ___Suspicion
- ___Doubt

Personality Characteristics Of God's Will

- ___Interest in others
- ___Honesty
- ___Courage
- ___Considerate
- ___Humility-seeking God's will
- ___What we can do for others
- ___Calm
- ___Grateful
- ___Take action
- ___Moderation
- ___Patient
- ___Tolerance
- ___Forgiveness
- ___Love - concern for others
- ___Good deeds
- ___Self-Forgetfulness
- ___Humility - seek God's will
- ___Modesty
- ___Self-forgiveness
- ___Trust
- ___Faith

"When I take my daily inventory, I know that I must stop judging others. If I judge others, I am probably judging myself. Whoever is upsetting me most is my best teacher. I have much to learn from him or her, and in my heart, I should thank that person."

Daily Reflections p. 289

"Character defects like gossip sneak into my life when I am not making a constant effort to work the 12 Steps of recovery.....Today, the only inventory I need to take is my own. I'll leave judgment of others to the Final Judge – Divine Providence."

Daily Reflections p. 297

***It's always easier to take
someone else's inventory.***



Principles before Personalities!

52's CLUES

Congratulations to Lee C. who won two tickets to the July 4th Fun Day at Waller Park. "The Big Book of Alcoholics Anonymous" was first published in paperback in 1986.

Be the first to correctly answer the following question and win a ticket to the Central Coast Roundup on September 12-14. Before it was published in book form, what format was "Twenty-Four Hours a Day" in?
E-mail nsagg98@yahoo.com with your answer.

DID YOU KNOW THAT....

The first Young People's Groups (YPGs) in Alcoholics Anonymous appeared in 1945 in Los Angeles and Philadelphia. In 1957, a meeting of young AAs from across the U.S. and Canada started what is now the International Conference of Young People in AA (ICYPAA). At the 1960 Convention, Bill W. noted that the age of new members was much lower than when he and Dr. Bob founded AA 25 years earlier. In 1973, the All California Young People in Alcoholics Anonymous Roundup was established as an annual gathering in California to provide an opportunity for young AAs to come together and share their experience, strength, and hope. ACYPAA is held every spring and typically draws around 2,000 young and young at heart AA members from all over the state of California.



New Women's Meeting!!!
Fridays at 9:30am
Golden Group location
500 S. Broadway #252
Discussion, Closed

(Closed meetings are limited to those who have a desire to stop drinking.)

***Sobriety delivers everything
alcohol promised.***



Bridging the Gap – Meet new members at a treatment program or correctional facility. Help them find meetings, introduce them to other AA's, make sure they get phone numbers, and help them find a sponsor. For more info, call Steve K. at 818-433-0257.

SBNC Hospitals & Institutions Committee

Santa Barbara North County Hospitals & Institutions provides AA meetings and literature to those confined to hospitals, jails, prisons, and other facilities who request support from Alcoholics Anonymous. SBNC Hospitals & Institutions Committee serves the 52nd District and meets on the third Thursday of every month at the Freedom Group in Lompoc at 6:45pm.

Life Begins Right Outside Your Comfort Zone.

Steering Committee Meetings

Freedom Group - 2nd Sunday of the month, Lompoc, 1pm

Happy Hour – 1st Monday of even months, 1600 Club, 6:45pm

Santa Maria Golden Group – 2nd Thursday of the month, 6:30 pm

Santa Maria Valley Group – 2nd Wednesday of the month 6:45pm

Solvang – 3rd Saturday of the month, Alano Club, 9am

Monthly Service Meetings

1st Saturday of month: 10:00am

Intergroup Committee (Central Office) 1600 Club 324 W Cypress Santa Maria

3rd Saturday of month: 10:00am

Central Coast Round-Up Meeting, 1600 Club 324 Cypress St., S.M.

2nd Sunday of month: 10:00am

GSR meeting – location varies, Call Yolanda M. 805-314-2092

3rd Thursday of month: 6:45pm

North S.B. H&I Committee Mtg. Freedom Group, 113 N. V St. Lompoc



1/10	Dixie F.	33 years
6/30	Janet	1 year
7/10	Nancy	3 years
7/13	Betty W.	11 years
7/21	Cathie C.	1 year
7/24	Don B.	10 years
7/25	Krisanna	1 year
7/26	Pam S.	35 years
7/29	Donna S.	6 years
8/1	Aliz D.	5 years
8/4	Michael B.	22 years
8/4	Leo B.	29 years
8/5	Brett D.	5 years
8/5	Georgia L.	2 years
8/5	Frankie L.	17 years
8/8	Paul C.	1 year
8/13	Mary G.	7 years
8/28	Lynda H.	1 year
8/31	Alison P.	23 years

We'll Be Going Where???

Sept 3 ***Registration begins for the 2015 Int'l Convention of AA 7/2 – 7/5/15, Atlanta, GA***
www.aa.org

Sept 12-14 ***Central Coast Roundup, Veterans Memorial Hall, Santa Maria***
www.centralcoastroundup.org

Sept 26-28 ***Sunlight of the Spirit – 63rd Southern CA AA Convention with AI- Anon Participation San Diego, CA***
www.aasocal.com

Oct 11 ***1st Annual District 52 Chili Cook-Off Lutheran Church, 4725 S. Bradley, SM (See pg. 5 for details)***

80 Years – Happy, Joyous and Free!

2015 International Convention of Alcoholics Anonymous

July 2-5, 2015 in Atlanta, Georgia

Convention and Housing Registration open 9/3

www.aa.org

District 52/Area 93 DCM Report – July/August

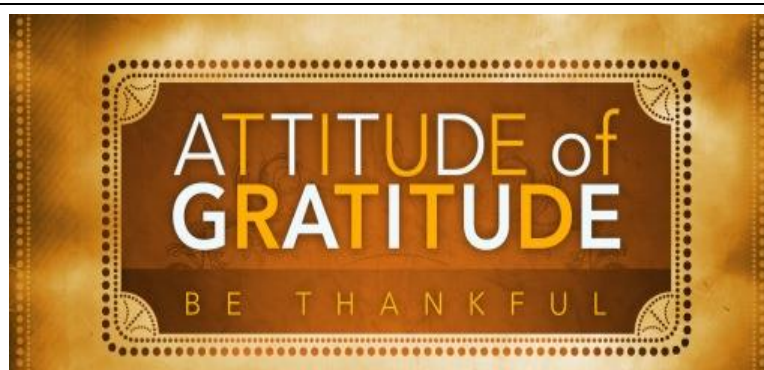
Mark M., Jeanine R. and I attended the ACM (Area Chair Members) Meeting in Fillmore. There was discussion on Area 93 inventory, archives growth in service and lots of activity well represented by all who attended.

Sharon G., Delegate, was warmly received at the speaker meeting in Lompoc on 7/25. She shared in the “language of the heart” her experience, strength and hope, which led to her passion for general service.

I attended the “District 22 Seventh Annual Service Luncheon and Delegate Report Back” in Morro Bay. Sharon G. started the program with a report on the General Service Conference. Topics presented this year: “Stepping Into Service – Insuring Sobriety”, Robert H., District 7 DCM; “SLOPYPAA – We Serve Too” – Jessica A., SLOPYPAA Chair; “Inventory – Insuring A Healthy Group Conscious” – Danielle A., District 24 DCM; “Your Central Office” – David S., Volunteer Coordinator; “Hospitals & Institutions” – Matt E., District 22 Past DCM; “Bridging the Gap – After H&I” – Bonnie N., BTG Chair; “Spirit of Rotation – No Bleeding Deacons” – Vicky M, District 41 (who is celebrating her 43rd sobriety birthday).

Our fellowship has a “Treasure Chest” of members who are willing to share at your groups/speaker meetings/business meetings.

Thanks for letting me be of service,
Victoria S.



News From Around the District



Two new Unity Group meetings have been added: Tuesdays and Fridays at 5:30pm, at the Solvang Alano Club.

Buellton has added a meeting on Monday at 6pm at the Senior Center (behind the Post Office).



All meetings held at 326 North H St. in Lompoc have been dropped.



Why is this man doing a happy dance?

Because the 52nd District Central Coast Round Up is September 12-14!!!

See flyer at back of Newsletter for details.

*"Relieve me of the bondage of self
that I may better do Thy will"*



October 11th, 4pm

**Lutheran Church of the Savior, 4725 S. Bradley Rd.,
Santa Maria**

**Make your famous chili and enter it in the 1st Annual
52nd District Chili Cook-Off to win bragging rights and
a commemorative award. If you've got a great
cornbread recipe, cook it up and bring it along!
Cost is \$5 per person with chili and \$10 without.
There will also be a Silent Auction and we need
donations. Please contact Sarah G. at 805-266-0046
for details and let her know if you're bringing chili.**



I Have A Choice

It's the little things these days
that remind me to give God praise.

Today I have a choice
and for that I will rejoice.

I do not fear tomorrow
even if it holds sorrow.

Because I know I can make it through,
that's what you have shown me I can do.
I no longer look at the bottom of a drink,
sit there and sulk and overthink.

I trust I'm where I'm supposed to be
and thank God that I have clear eyes to see.

For I know His plan is far greater,
and I have faith it will come later.

Today I am happy with me
because I am finally free.

Breann, Santa Maria

52nd District Central Office Happenings

Central Office Board of Directors

Chairman: Sylvia M.
 Co-Chairman: Marilyn G.
 Treasurer: Terry S.
 Secretary: Michael B.
 Literature & Chips: Vicki D.
 Fundraising: Sarah G.

Member at Large

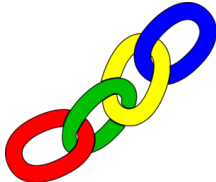
Shirley M.

What's Happening in Central Office?

	<u>June/July</u>
AA Information Calls	44
12 Step Calls	2
Al-Anon Referrals	0
Office Walk-Ins	34
Out of Town Visitors	0
Chip Sales	317
Book Sales	71
Directory packs	11
Miscellaneous	6

Become an Intergroup Representative

An Intergroup Representative is elected by his/her group to represent the group at monthly meetings of Central Office Board Members and other IGRs. The IGR brings his/her group's comments, suggestions and opinions to the Meeting. Each IGR has one vote in matters requiring group conscience.



The IGR is a link in the chain connecting the individual group with the operation of Central Office so that it can best meet members' needs.

District 52 Central Office Accounting Snapshot

<u>Donations</u>	<u>6/14</u>	<u>7/14</u>
Group		
As Bill Sees It	50.00	-----
Be A Blessing	35.00	25.00
Goes to Any Length	-----	298.00
Happy Hour Group	-----	100.00
New Beginnings	-----	.67
Pyramid Group	-----	33.00
6 am Sickies	115.90	33.39
Sobriedad	-----	.29
SY Action Group	78.00	59.47
Wednesday Night Group	-----	80.00
Women's Discovery Group	50.00	-----
Women's Book Study	-----	31.40
Women's Fresh Start	.61	<u>61.64</u>
Total Group	329.51	722.86
Individual		
Anonymous	22.10	-----
Arlene	1.00	-----
Brian T. DeG	-----	100.00
Danelle W.	20.00	-----
Keith D.	10.00	20.00
Terry & Diane	25.00	25.00
Tom W.	-----	.90
Total Individual	78.10	145.90
Total Donations	407.61	868.50
Total Sales	<u>296.51</u>	<u>489.68</u>
Total Sales & Donations	704.12	1358.18
Bank Balance as of (6/30/14)	<u>2558.37</u>	(7/31/14) <u>2953.94</u>
Due in Less Than 30 Days	730.52	726.81
(Insurance, Cable, Phone, Internet, Answering Service, Rent)		

Thanks to These Volunteers at Central Office

Arlene H, Carmel, Cathie W, Dixie F, Gerry W, Janey A, Kristin, Nancy N, Paul C, Shirley M, Terry, Tina G, Tom W, Ty, Vicki D, Wade W



Help Wanted

Volunteers for Central Office

If you've got six months of continuous sobriety and a good working knowledge of the 12 steps, volunteer to work in the office and keep those doors open!
Call Vicki at 805-268-2397.

Heard in a Meeting and Worth Repeating.....

"Learning is the very essence of humility. The two walk hand in hand. Humility, as I see it, grows out of an urge to learn from everyone and everything."

Grapevine Quote of the Day for 8/29

Speaking of the

AA GRAPEVINE

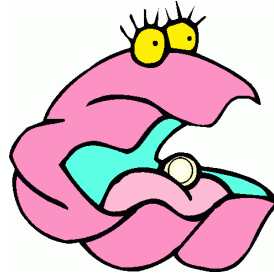
The International Journal of Alcoholics Anonymous

Did you know that Santa Maria has a Grapevine Meeting???

It is held at 12pm on Tuesdays at the Golden Group, 500 S. Broadway, #252

*A Grapevine meeting is where a group member picks an article to read from the Grapevine and that article is used as a meeting topic.

In December, Area 93 (which District 52 is part of) will be hosting a Literature/ Grapevine Day celebrating the 75th Anniversary of the Big Book and the 70th Anniversary of the Grapevine. Stay tuned for further details!



Pearls from the 52nd District and Beyond

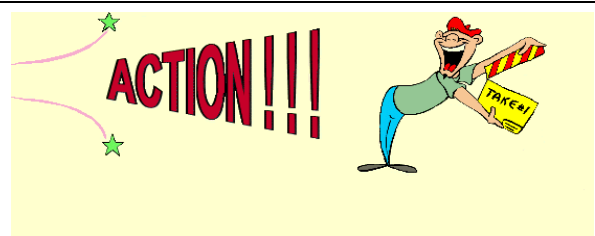
Over these past few years, I have found that if I was willing to believe in some power greater than myself that existed outside my mind, my life was able to change. If I was willing to make a spiritual connection with this power and was willing to work to strengthen this connection through prayer and meditation on a daily basis, I found it changed the way I feel about myself. I found that if I practiced talking with and listening to this power, I was able to change the feeling inside me from a person in a constant state of storm, tornado and hurricane to a person who is peaceful and serene.

Anonymous

I remember when I was new I felt as I always had, outside looking in. The difference...they were smarter, had more money, and knew what they were doing...they were better than me. But as I stayed and followed my sponsor, stopped thinking and started doing, my thoughts changed and my connection to my higher power became REAL. By the time I finished my 5th and 6th Steps, I felt I was at least as good as everyone. I started to introduce myself at meetings and going to events with AA people. From there I went back to school, earned a Master's Degree, worked out and got healthy. I started a savings account and interviewed for a better job. Today, sober with Sponsees, a Sponsor, job, car, peace of mind, friends, and an understanding of humility, I have all I ever wanted.

Life is good!

Anonymous



Action is the antidote for despair!



Speaker Meetings

Freedom Group Speakers – Lompoc
(Friday, 8pm)

Lompoc Valley Group Unity Speaker Meeting
Lompoc Alano Club, 119 N. "D" St. (Sunday,
4pm)

South County Speaker Meeting, Arroyo
Grande (1st Saturday, 8pm)

Santa Maria Golden Group - (Saturdays, 8pm)

Santa Maria Live - (4th Saturday, 8pm)

Santa Maria Valley Group, 1600 Club
(Sunday, 7pm)

Solvang Action Group, Solvang Alano Club
(Saturday, 8pm)

Women's Meeting – Freedom Group
Lompoc (4th Saturday, 10-11am)

*When you are in a meeting, your
disease is outside doing push-ups.*



Logjam

Like a logjam, my character defects clog the
river between my Higher Power and myself.

I am stuck behind piles of regrets, unconscious
memories and pain, and cannot move.

Then someone says something in a meeting and a
small part of the jam dislodges. A memory
flashes in my mind and I own it and my part.

It works slowly; the jam spans many years. But
I begin to feel a connection with my Higher
Power and warm to the feeling of His Grace.

Life is good.

Anonymous, Santa Maria

EDITOR'S CORNER



Share your experience, strength and hope with
others! E-mail your material for the
Newsletter to Nancy at:

nsagg98@yahoo.com

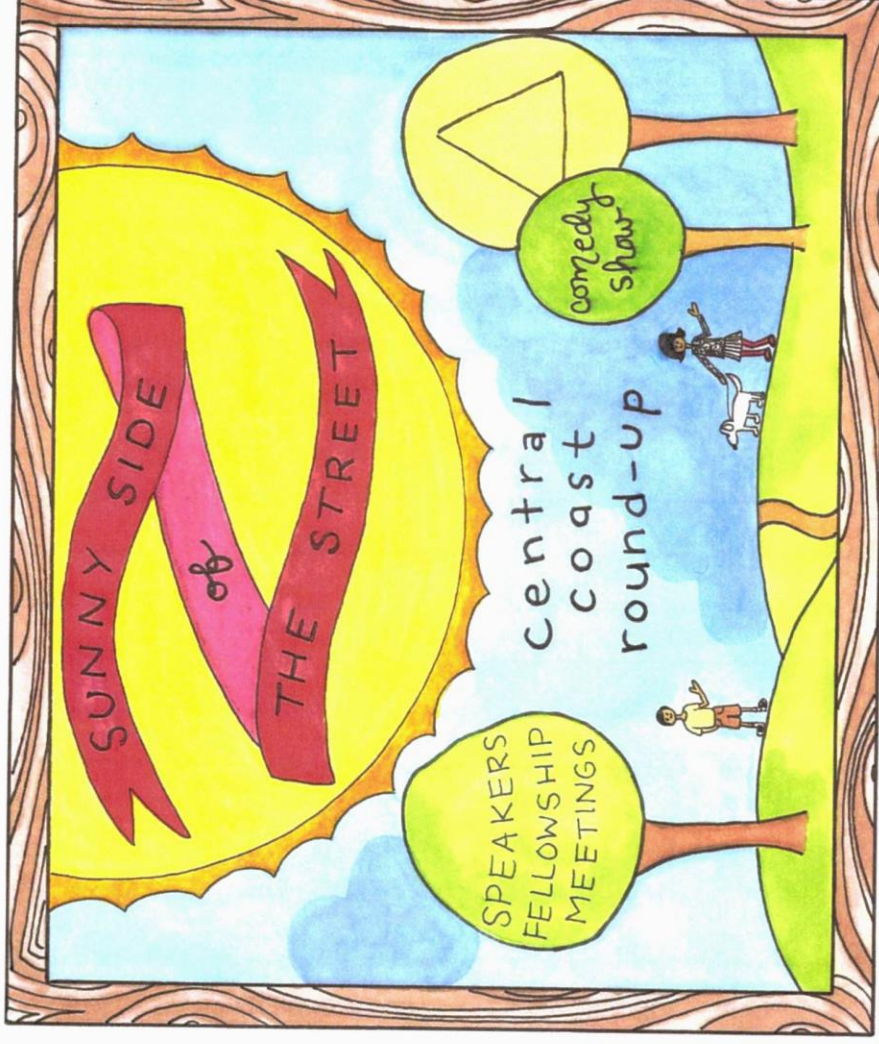
Or mail it to:

52nd District Central Office
500 So. Broadway, Suite 114
Santa Maria, CA 93454

**52nd District
Central Coast
Round Up**

Sept 12-14, 2014

**Veteran's Memorial
313 W. Tunnel
Santa Maria, CA**



Friday:

7:30pm Alonzo B., Los Angeles
9:00pm Bingo

Saturday:

9:00am H&I Meeting
11:30am Roger, San Luis Obispo
12:30pm Al-Anon Luncheon
3:00pm Sarah R., Costa Mesa, Al-Anon
6:00pm Old Timer's Meeting
7:30pm SM Style BBQ
Candy S., Los Angeles

9:00pm

**Comedy Show
Alonzo Bodden**

Sunday:

9:30am Closing Meeting
Paul S., Westlake

Marathon Meetings—Hospitality Room

For information contact:

Jason V. (805) 268-4723 or hidihoman@yahoo.com

Register online: www.CentralCoastRoundUp.org

A Conference of Alcoholics Anonymous



Central Coast Round Up - September 12th - 14th, 2014
Veteran's Memorial Building - 313 W. Tunnel Street, Santa Maria, CA 93458



REGISTRATION FORM

PLEASE PRINT CLEARLY - ONLY ONE PERSON PER FORM PLEASE

Name: _____
Address: _____
City/St/Zip: _____
Phone: _____
E-Mail: _____
Badge Name: _____

Please check one: ☐ AA ☐ Al-Anon ☐ Guest

****Please NOTE: Registration is required for all conference events****

****Pre-registration on or before September 8, 2014 only****

****ONLINE REGISTRATION IS ENCOURAGED: www.centralcoastroundup.org****

<i>Please enter the amount for each event in which you would like to participate, then add together and enter your GRAND TOTAL below</i>	COST	\$ AMOUNT
Pre-Registration - On or before September 8, 2014	\$15.00	
Registration - After September 8, 2014	\$17.00	
Al-Anon Luncheon Buffet - Vegetarian options available	\$12.00	
Saturday Night BBQ - By September 8, 2014 for \$15 (\$17 at the door) Includes beans, bread, salad corn and dessert Please check one: <input type="checkbox"/> Chicken <input type="checkbox"/> Tri-Tip <input type="checkbox"/> Veggie Burger	\$15.00	
Scholarship Donation - Provides Registration fee for newcomers.	Specify amount: ⇒	
Add costs for all events for your GRAND TOTAL:	GRAND TOTAL ⇒	

Please make checks payable to: Central Coast Round Up (CCRU)
Registration and checks can be mailed to CCRU, PO Box 1892, Santa Maria, CA 93456

Hospitality Courtyard: Paid registrants may enjoy coffee, snacks and fellowship all weekend in our hospitality courtyard

Al-Anon: Meetings each day, luncheon begins Saturday 11:30 a.m. directly before Speaker Meeting.

Marathon Meetings: Meetings each day, times to be listed on the website and the convention schedule

Saturday Night BBQ: BBQ begins 6:00 p.m. in the courtyard, indicate choice of Tri-Tip, Chick or Veggie Burger above

Comedy Show: Begins directly following the Saturday Night Main Speaker. We are excited to present Alonzo Bodden, internationally renowned (and sober) comedian. Let's laugh together!

Registration at the Door: Registration at the door will begin at 4p.m. Friday, September 12, 2014.

More information: Please contact Nancy N. (661) 361-0239 or Jason V. at (805) 268-4723

Comedy Show
Saturday Night!