

# 52<sup>nd</sup> District

# 'Passing It On"

301 South Miller St., Suite 208, Santa Maria, CA 93454 805-925-3782 Central Office Website: <a href="www.aa52centraloffice.org">www.aa52centraloffice.org</a> add /52" for Zoom Website District 52 Website: <a href="www.aadistrict52.org">www.aadistrict52.org</a> AA Website: <a href="www.aa.org">www.aa.org</a>

## Step 1

"We admitted that we were powerless over alcohol – that our lives had become unmanageable."

"The principle that we shall find no enduring strength until we first admit complete defeat is the main taproot from which our whole Society has sprung and flowered." 12 Steps & 12 Traditions, pp. 22

#### **Tradition 1**

"Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward."

"Without unity, the heart of A.A. would cease to beat...." (Twelve Steps and Twelve Traditions, p 129)

# Step 2

"Came to believe that a Power greater than ourselves could restore us to sanity."

"True humility and an open mind can lead us to faith, and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to him." 12 Steps & 12 Traditions, p. 33

#### **Tradition 2**

"For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

"They do not drive by mandate; they lead by example. This is the experience which has led us to the conclusion that our group conscience, well-advised by its elders, will be in the long run wiser than any single leader." 12 Steps & 12 Traditions, p. 135



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# 12 Symptoms of a Spiritual Awakening

- 1. An increased tendency to let things happen rather than to make them happen.
- 2. Frequent attacks of smiling.
- 3. Feelings of being connected with others and nature.
- 4. Frequent overwhelming episodes of appreciation.
- 5. A tendency to think and act spontaneously rather than from fears based on past experience.
- 6. An unmistakable ability to enjoy each moment.
- 7. A loss of ability to worry.
- 8. A loss of interest in conflict.
- 9. A loss of interest in interpreting the actions of others.
- 10 A loss of interest in judging others.
- 11 A loss of interest in judging self.
- 12 Gaining the ability to love without expecting anything.

#### The Promises

- 1. We are going to know a new freedom and a new happiness.
- 2. We will not regret the past nor wish to shut the door on it.
- 3. We will comprehend the word serenity and
- 4. We will know peace.
- 5. No matter how far down the scale we have gone, we will see how our experience can benefit others.
- 6. That feeling of uselessness and self-pity will disappear.
- 7. We will lose interest in selfish things and gain interest in our fellows.
- 8. Self-seeking will slip away.
- 9. Our whole attitude and outlook upon life will change.
- 10. Fear of people and of economic insecurity will leave us.
- 11. We will intuitively know how to handle situations which used to baffle us.
- 12. We will suddenly realize that God is doing for us what we could not do for ourselves.

## SOME HISTORY OF THE BIG BOOK

In May 1938, when Bill W. began work on the first draft of what is now the Big Book, *Alcoholics Anonymous*, in New York City and Newark, New Jersey, he had been sober about three and a half years. Dr. Bob was sober a few months less than three years, and the other 100 early members who contributed in one way or another to the writing of the book had been sober for periods ranging from a couple of years to a couple of months.

The early members realized the book would need a "story" section. "We would have to produce evidence in the form of living proof, written testimonials of our membership itself. If was felt also that the story section could identify us with the distant reader in a way the text itself may not."

# HELP WANTED!!!

Looking for a service commitment? Want to give back to fellow A.A.'s? Want to enhance your Program? Here are some opportunities.

"I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible."



# **VOLUNTEER!!!**

# **Treasurer Needed for Central Office**

Must know QuickBooks and have at least 5 years of sobriety. Works with Central Office Coordinator and files State and Federal forms. If interested, call Tom M. at 805-944-0056.

# Why Volunteer?

"Life's most persistent and urgent question is, What are you doing for others?"

Martin Luther King Jr.

"The service you do for others is the rent you pay for your room here on earth."

**Muhammad Ali** 

# **52**<sup>nd</sup> **District Board of Directors**

DCM: Kris S. Alt. DCM: Matt Treasurer: Peter B. Secretary: Bee

Public Information/Cooperation with the Professional Community (PI/PCP) Chairperson:

Linda H.

District Registrar: Rudy S.

# Call Forwarding Team

Answer calls from alcoholics after hours in your home. Get their contact info and pass it on to someone on the 12 Step Referral List. Call or text Brian D. at 805-315-5304.

# 12 Step Referral List

Put your contact info on the 12 Step Referral List. Be there for fellow alcoholics in need. Call or text Nancy at 661-361-0239

# Intergroup Representatives Needed!

Now it is even easier to be an Intergroup representative for your home group. Zoom meetings are held on the first Saturday of each month at 10am. The Zoom address is 715 037 7188 and the password is 12345. All are welcome to attend.

An Intergroup Representative brings his/her group's concerns, opinions, and suggestions regarding Central Office to the Intergroup Meeting. Information regarding Central Office activities and finances, as well as fundraising is presented.

Central Office is the "bookstore" for our District.

#### **District 52 Positions Available**

- . Archives Chairperson
- . Guidelines & Policies Chairperson Terms are for two years. Suggested sobriety for chairperson positions is 2 years.

For further info, contact Kris S. at 424-335-6562.

If your group does not have a GSR, become one & keep your group informed!!!

# Some 52's Celebrating Anniversaries

11/24	Naomi W.	12 years
11/24	Laura D.	4 years
11/24	April H.	12 years
11/28	Tony Y.	3 years
11/29	Linda H.	5 years
12/1	Steve K.	17 years
12/1	George M.	17 years
12/3	Felina S.	17 years
12/7	Gerry W.	10 years
12/10	Lee C.	33 years
12/13	Jeremiah H.	6 years
12/13	Joey C.	7 years
12/14	Mike C.	15 years
12/16	Shelly M.	5 years
12/21	Susan B.	4 years
12/26	Joe G.	3 years
12/27	Shannon	1 year
12/28	Monic A.	6 years
1/2	Dave H.	24 years
1/3	Kristy	6 years
1/5	Pam S.	12 years
1/8	Val A.	14 years
1/9	Jeff C.	2 years
1/10	Dixie F.	40 years
1/13	Travis J.	1 year
1/15	Annie	4 years
1/19	Danelle W.	20 years
1/25	Peter B.	34 years
1/30	Sarah G.	16 years
2/4	Peter V.	10 years
2/7	Jackie C.	3 years
2/8	Colby	5 years
2/12	Tiffany K.	3 years
2/12	Kevin M.	14 years
2/13	Jered W.	9 years
2/13	Mary L.	10 years



# **Current Speaker Meetings**

Happy Hour Group – 1600 Club, 324 W. Cypress (last Monday of the month, 5:30pm)

**South County Speaker Meeting** - Arroyo Grande (1st Saturday of the month, 8pm) **Zoom** ID: 945-645-5808 Password: 123456

**1600 Live** – 1600 Club, 324 W. Cypress Ave (4<sup>th</sup> Sat., 7pm)

**Santa Maria Valley Group** - 1600 Club, 324 W. Cypress (Sunday, 7pm)

**Solvang Action Group** - Solvang Alano Club, 320 Alisal Rd. (Saturday, 8pm) **Zoom** ID: 771-277-508 Password: 12345

# **Steering Committee Meetings**

**Freedom Group** - 2nd Sunday of the month, Lompoc, 1pm **Happy Hour** – 1<sup>st</sup> Monday of even months, 1600 Club, 6:45pm

**Santa Maria Golden Group** – 2<sup>nd</sup> Thursday of the month, 6:30 pm

**Santa Maria Valley Group** – 2<sup>nd</sup> Wednesday of the month 6:45pm

**Santa Ynez Valley Action Group** – 3<sup>rd</sup> Saturday of the month, Alano Club, 10am

# **Monthly Service Meetings**

1st Saturday of month: 10:00am - Intergroup Committee (Central Office) Zoom ID: 832-2760-8507 Password: 12345
2nd Sunday of month: 10:00am - GSR (District) meeting Zoom ID: 395-603-3289, Password not required
3rd Saturday of month: 10am - Central Coast Roundup Call Joseph M. to confirm 805-406-3774

# **52<sup>nd</sup> District Central Office Happenings**

## **Central Office Board of Directors**

Chairperson: Tom M.
Co-Chairperson: Brian B.
Treasurer Pro Tem: Nancy N.

Secretary: Kathy T.

Central Office Coordinator: Nancy N.

Member at Large: Rudy S.

#### **Central Office Hours**

Mon. 9am-12pm Thurs. 12pm-3pm Tues. closed Fri. 9am-12pm Wed. 11-2pm Sat. 11am-2pm

> 301 S. Miller, Suite 208 805-925-3782

# **Thanks Central Office Volunteers!**

Peter B., Brian D., Larry E., Pablo L., Nancy N., and Kathy T.

# **JANUARY STATS**

Donations \$41.88Books Sold 7Regular Chips 20

Misc.
 6 (2 BB Dictionaries,
 4 AA Birthday Cards)

#### **Bills Paid in January**

•	Rent	\$380.00
•	Comcast	\$117.59
•	<b>Answering Service</b>	<u>\$115.50</u>
	TOTAL	\$613.09

#### **Additional Expenses**

Chips \$ 26.00
Grapevine Books \$ 42.00
California Sales Tax \$335.00
Statement of Info Fee\$ 20.00
TOTAL \$423.00

TOTAL BILLS & ADD'L EXPENSES \$1,036.09

# Non-Event Fundraiser

to Benefit Central Office

# Tickets are on sale now for the following non-events:

A G.O.A.T. Evening Vaccine Bullseye Online Fantasy Do the Time Warp

For the low price of \$5.00, you can purchase a ticket to one of the above activities which will never happen, while helping Central Office out!

Call 661-361-0239 if your Secretary does not have them.

# What's Happening???

03/05-07/21 2021 Pacific Region
Alcoholics Anonymous
Service Assembly

Burbank, CA

www.area93.org www.PRAASA.org

06/11-13/21 2021 Founder's Day Weekend 855 Ardmore Ave. Akron, OH

www.DrBobsHome.org



Congratulations to Luke and Lisa V. who were married on May 15, 2020.
Ray F. and Laura S. were married on November 28, 2020.

Wishing everyone many, many years of sobriety and happiness!!!







Sobriety delivers everything alcohol promised!

#### **In Memoriam**

Leonard F. from Santa Maria, passed away on January 4, 2021. A memorial was held in his honor.

Thank you for sharing your joy and laughter, your ups and downs, and especially your recovery and words of wisdom. We will miss you....



# "Alcoholics Anonymous Comes of Age"

More than half a century has gone by since A.A.'s historic 1955 Convention St. Louis, when the entire founding members passed on the entire Fellowship the responsibility for the three Legacies of Recovery, Unity, and Service. This book takes A.A. members and interested friends on a quick tour and development of the Three Legacies and looks at A.A. through the eyes of some early non-alcoholics who influenced the Fellowship's history.

The first part is co-founder Bill W.'s reminiscent sketch of the Convention, in which he takes an appreciative look at many of the participants and reflects on events that shaped A.A.

The second part consists of Bill's three Convention talks, edited and enlarged, on the Legacies of Recovery, Unity, and Service. Here is Bill's story -How he drank, got sober, met Dr. Bob and other founding members, and how thy struggled together to keep A.A. going, with little guidance beyond lessons and experience. Then Bill moves on to describe how the Twelve Traditions developed as A.A.'s protective shield against the human faults that lead alcoholics into trouble, drunk or sober. And he finishes by laying out the development of A.A. services, culminating in the formation of the General Service Conference to serve as guardian of A.A.'s Traditions and World Services.

In the third part, readers will meet five early friends of A.A.: Dr. Harry Tiebout, the first psychiatrist to openly espouse A.A.; DR. W.W. Bauer of the American Medical Association; Jesuit Father Edward Dowling and Episcopal priest Dr. Samuel Shoemaker, both of whom helped shape A.A.'s spiritual principles; and Bernard B. Smith, attorney and longtime chair of the General Service Board These non-alcoholics tell of their association with A.A., the part they played in its development, and their view of what the future holds.

From the front and back flap of the book "ALCOHOLICS ANONYMOUS Comes of Age"
FIRST PRINTING 1957
THIRTY-SEVENTH PRINTING 2017



#### Editor's Corner

It has been a tough year for all of us, but we can get through this TOGETHER. Thanks for the privilege of bringing you the Newsletter!

If you'd like the Newsletter e-mailed to you, send your e-mail address to Kathy T. at <a href="mailto:blakeyboysmom@hotmail.com">blakeyboysmom@hotmail.com</a> The Newsletter is also on the Central Office website... www.aa52centraloffice.org